



Evolving our Village to Support Your Needs

By Vanessa Renna

PROGRAM ENHANCEMENTS: TRANSPORTATION, VENDOR REFERRALS AND EVENTS

As a Village, we have the unique opportunity to listen to members' and volunteers' concerns and address needs as they evolve. We are introducing some program changes to better serve our Village in the areas of transportation, vendor referrals and events.

Volunteer Drivers:

Mileage Reimbursement Pilot Program



Transportation has been our most highly desired service in our first year, and we anticipate that the need for transportation services will continue to grow at an increasing rate. To support sufficient driver capacity, we have established a pilot Transportation Volunteer Reimbursement (TVR) program starting July 1, 2018 for a 6-month trial period. The goal of the new program is to encourage volunteer drivers by offering mileage-based reimbursement.

All vetted CVV volunteer drivers are eligible to receive reimbursement for driving CVV full members via the Service

Social Members:

**Vendor
Referrals
Now
Available!**



Request (SR) process, and participation by drivers is optional. Reimbursement is \$0.35 per mile based on miles driven for one-way or round trip service requests. For example, a volunteer driver who completes full member transportation service requests during the month for a total of 50 miles, would be able to request a \$17.50 mileage reimbursement.

To learn more about the reimbursement program, go to the Volunteer Drivers section of our website or call a Call Manager at (805) 372-1826.

Vendor Referral Program: We are happy to introduce that along with full members, social members can now access our vendor referral program. If you are a social member, and need some help finding professionals for jobs around your home such as electrical, plumbing, landscaping, or other needs, contact our Call Manager for these vendor referrals. Remember to share feedback about your experience with these vendors to help us update the list.

Event Guests: Participation at our CVV events has been fantastic and we know some villagers would like to invite guests. To make it easy for members

and volunteers to introduce CVV to their friends, we will add select events on a regular basis that you can invite your guests to which are noted on the events insert. For July, guests are invited to our Country Harvest fundraiser, the Conejo Players' West Side Story theater event, and a Meet and Greet at PF Changs (see event insert). We look forward to welcoming your friends, family and neighbors at these events.

Also, our helpful Events Committee has created name badges for most members and volunteers to bring to events so you don't have to worry about remembering names! If you need a name badge or if you need help signing up yourself or a guest for an event, please contact a Call Manager.

Members:

**Bring Your
Guests to
Select CVV
Events**



**Reminder: the CVV
office will be closed
on July 4th.
Enjoy the holiday!**

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See Insert for
Upcoming Events

Secret Ingredient? Volunteer In Your Community!



Top: Nancy receives the Thousand Oaks 2018 Senior of the Year award from Mayor Pro Tem Rob McCoy.

Right: Nancy shares the stage with fellow nominees Bob Caccavo, Margaret Fieweger and Irene Seda (nominee Sharon Leir was not able to attend).

"Volunteering makes a huge impact but has a much deeper, long-lasting, positive effect on the lives of the volunteers themselves."

~Nancy Healey



Photos courtesy
of Maryann Gitt



Above: Nancy celebrates with her grandchildren Casey and Toby, son-in-law Tony and daughter Lynn. Below: Some of Nancy's Village friends who attended - Mary, Tony, Karen and Steve



Our Village and our community are blessed to have such a tremendous volunteer spirit...especially true of our dear friend Nancy Healey. We are thrilled to have nominated Nancy and congratulate her for being chosen as Thousand Oaks' 2018 Senior of the Year. Nancy has been a tireless advocate for seniors volunteering with the Conejo Senior Volunteer Program, the TO Council on Aging, the Goebel Commission, Shop Ahoy, the Stagecoach Inn and Long Term Care Ombudsman Program of Ventura. She was a founding Board Member of Conejo Valley Village who helped energize community support for CVV's opening. Nancy's endless enthusiasm and warm spirit are an inspiration to others, and a shining example of how volunteering in our community contributes to everyone's well being. Thank you, Nancy for everything you do! In honor of Nancy and all the deserving nominees, we encourage you to take a few moments to consider what you can do to help our community - the opportunities are plentiful in our Village and beyond.

Wisdom & Wit - Share Your Favorite Quotes!

Our newsletter team would love to hear Villagers' favorite sayings or quotes - inspirational, philosophical, or humorous. Whatever makes you feel good or makes you ponder, and

"One of the deep secrets of life is that all that is really worth the doing is what we do for others."

Lewis Carroll, provided by Vanessa Renna

"Everybody you meet has a battle you know nothing about. Always be kind."

Author unknown, provided by Billie Sontag.

you think others would enjoy. Don't worry if you don't know who said it...but if you do know, tell us. Email your name and quote to: newsletter@conejovalleyvillage.org. For starters, here are a couple...



Quick Tips & Cool Hangouts to Beat the Summer Heat

Stay Safe in Summer Heat

Here are some tips from our county emergency preparedness website, www.venturaready.org. **Look out for anyone who needs help dealing with the heat.**

- Use air conditioners or spend time in air-conditioned locations such as malls, libraries and movie theaters.
- Use portable electric fans to exhaust hot air from rooms or draw in cooler air.
- Minimize direct exposure to the sun.
- Stay hydrated – regularly drink water or other nonalcoholic fluids.
- Take a cool bath or shower.
- Eat light, cool, easy-to-digest foods (fruit or salads).
- Wear loose fitting, light-colored clothes.
- Know the symptoms of excessive heat exposure and appropriate responses.



- **Don't** leave children, the elderly and pets alone in cars for any amount of time.
- **Don't** drink alcohol to try to stay cool.
- **Don't** eat heavy, hot, or hard-to-digest foods.
- **Don't** wear heavy, dark clothing.



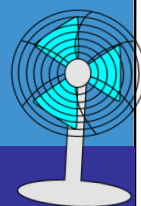
Local Cooling Centers to Visit if Your Home is Uncomfortable

Thousand Oaks (TO):

Alex Fiore Teen Center 1375 E. Janss Road, TO
Goebel Adult Community Center 1385 E. Janss Road, TO
TO Grant R. Brimhall Library 1401 E. Janss Road, TO
The Oaks Mall 344 W. Hillcrest Drive, TO

Newbury Park: Branch Library 2331 Borchard Rd, NP

Oak Park: Oak Park Library 897 N. Kanan Rd, Oak Park



Meet our CVV Marketing & Events Committees

We are fortunate to have many talented volunteers including those on our Marketing & Events Committees who work hard behind the scenes to keep people informed and connected in our community.



Marketing Committee (left to right):
Loretta Allen, Maryann Gitt, Billie
Sontag, Vanessa Renna

Our Marketing Committee By Billie Sontag

Bringing our **Village Connections** newsletter together for you each month involves a lot of fun, investigation, research, and creativity.

Committee members Loretta

Allen, Maryann Gitt, and Billie Sontag help plan and contribute to each edition with articles and photos. Vanessa Renna coordinates the content and creates the graphic design. We meet quarterly and love to provide helpful info, and share member and volunteer stories and interests. The newsletter is one of several marketing tools we use to support CVV's member and volunteer recruiting, in addition to our website, attending community events and basic promotional items.

If you are looking for a fun way to volunteer and would like to join our committee...or if you have ideas for newsletter topics you'd like covered...we welcome your input and participation. Just send an email to us at:

newsletter@conejovalleyvillage.org.

Our Events Committee By Vanessa Renna

Our hip and energetic Events Committee brings us a great mix of exciting new activities as well as regular monthly events that members will enjoy with a focus on fitness,

games, dining, education, theater and entertainment. The purpose of these events is to help members stay active and have fun socializing with others in the village. They meet frequently to brainstorm new ideas, scan upcoming events in our community, and identify CVV members or volunteers with special talents who would like to lead events to help members learn something new. They do all the work to set up the events, find locations, create the online and newsletter Events Calendars and being social butterflies, they of course, join in the fun! The committee led by Lori Bliss, includes Nancy Healey, Sharon Chernoff, Barbara Kellams, Deborah Mason, Carr Brown, Sandra Cherry and Maryann Gitt. The committee encourages you to share feedback about events and ideas for new events. If you have suggestions or want to join the committee, send an email to: events@conejovalleyvillage.org.



Events Committee (left to right): Nancy Healey,
Sharon Chernoff, Barbara Kellams, Lori Bliss,
Deborah Mason, Carr Brown, Maryann Gitt



P. O. Box 3162
Westlake Village, CA 91359

Phone: (805) 372-1826
Email: cvv@conejovalleyvillage.org
Website: www.conejovalleyvillage.org

The mission of Conejo Valley Village is to help seniors remain independent in their homes and stay active in our community.

Join our CVV
Patriotic
Potluck
July 1st!



Neighbors Helping Neighbors Stay Independent, Active and Connected



Conejo Valley Village is a nonprofit tax-exempt organization under IRS Code Section 501(c)(3). Donations are tax-deductible.

VILLAGE CONNECTIONS

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Volunteer Spotlight

Volunteers: Please email your total volunteer hours estimated through the end of the month by the 25th to volunteerhours@conejovalleyvillage.org. Thanks for all you do for CVV!

June Volunteer Meeting Highlights

Thank you to the more than 30 volunteers who attended our informative June volunteer program meeting and brunch at Lori's home. Thanks to Lori for hosting and to all who provided the great brunch. Our Board of Directors reviewed CVV's accomplishments in our first year and focused the group's attention on our goals for the next fiscal year starting July 1



for membership, volunteers, services and events, marketing, and fundraising. We also



introduced the program enhancements discussed in this month's cover story. And, volunteer Anne Novik shared with us a helpful and inexpensive product called the Car Cane which can be useful for volunteer drivers who are helping members out of their vehicle. Above, Anne demonstrated how this sturdy handle is placed in the door latch when the door is open to provide stability when getting out of a car - thanks, Anne!