



## Giving Thanks for Our Village

By Dinah Frishling



This Thanksgiving, we celebrate our Village and express gratitude for the opportunity it has given us to make a difference in people's lives. We are thankful for each of you and your unique contributions to Conejo Valley Village.

Gratitude says you start the day with a thankfulness that you are alive and full of potential, and then turn your attention to making your thoughts and actions meaningful and of benefit to the people in your life. Understanding and practicing gratitude towards others allows you to tap into something very powerful.

We see examples of this power everyday. Our Village is made up of many caring people with the ability and willingness to support one another in so many ways and in the process create friendships that form the fabric of our community. It is a privilege to witness every day the strength and nurturing character of our growing Conejo Valley Village community.

We hope you enjoy some messages of appreciation from our community (pg. 2), and we invite you to join us at our Thanksgiving celebration at Country Harvest. Thank you for being a very special part of Conejo Valley Village and best wishes to you and your families for a very happy Thanksgiving Day.

*Members, Volunteers and your Guests are Invited to our*  
**CVV Thanksgiving**  
*Wednesday, Nov. 15, 2 pm*  
*at Country Harvest restaurant*



*Entree choices include: Traditional Roast Turkey & fixins', Country Ham, Orange Roughy or Tomato Basil Pasta*

\$18 includes entrée, salad, dinner roll, coffee/tea, apple or pumpkin pie, and tax and tip

**Sign up early - Space is limited**

To sign up, call (805) 372-1826 or go online at [www.conejovalleyvillage.org](http://www.conejovalleyvillage.org). Full members needing transportation should request a ride by **November 10.**

**Breakfast Coming November 1st**



**at The Goebel Cafe**

**8:30am-11:00am**

Support the Conejo Senior Volunteer Program today. With your help, we can make breakfast stay! Do not miss out on this 2 month trial period.

Menu items \$5 and under  
A great way to start your day!

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## CVV Messages of Appreciation

Dear **Penny Smith and Corky Grimm**,

Thank you for your help with rides to Goebel. You do a great job and are very pleasant to talk with. I've enjoyed getting to know you and appreciate your assistance. Nick R.



To our volunteers who have graciously created and led member events:

**Rosa Lee Schentes** - Cooking demonstrations, **Nancy Healey** - Movies, **Penny Smith** - Mexican Train, **Barbara Jimerson** - Journaling, **Barbara Sontag** - Rummikub, **Julie Osbourn-Gourley** - Hiking, **Sharon Chernoff** - Mall walks, **Thelma Williams** - Bird watching, **Susie Johnson** - Holiday Gift wrapping, **Barbara Kellams**, **Deborah Mason**, **Carr Brown**, **Maryann Gitt** - Event coordination

We thank you for offering members an opportunity to experience something new and meet new friends. Lori Bliss

We are very thankful for our volunteer drivers who have been so very responsive and flexible to meet members' transportation needs:

**Tom Middleton**, **Danny White**, **Penny Smith**, **Corky Grimm**, **Sandra Cherry**, **Brenda Bevilacqua**, **Laurel Upton**, **Barbara Balke**, **Anne Novik**, **Arlene Boykin**, **Bill Cobb**, **Billie Sontag**, **Christel Embree**, **Colleen Ryan**, **Fabby Logan**, **Kym Guy**, **Tina Thomson**, **Helaine Munson**, **Jane Lincoln**, **Jenifer Gordon**, **Jenny Schipae**, **Joanne Markowitz**, **Judy Blades**, **Julie Osbourn-Gourley**, **Richelle Hoover**, **Susie Johnson**

Lois, Barbara, Thelma and Helaine  
(Volunteer Committee)

**Barbara Balke** - You go above and beyond in so many ways - thank you for being part of CVV. Val

**Maryann Gitt**—Thank you for taking great pictures of our events and sharing the stories of Villagers through our newsletter. I truly appreciate your enthusiasm and talents to capture CVV in action! Vanessa Renna

We are extremely grateful for the help we have received from Conejo Valley Village. The continued support from **caring volunteers within our community** is such a valuable resource. Whether it be help with transportation, home visits while Dennis recovers from a hospitalization, or whatever is needed - Conejo Valley Village is always ready and willing to lend a hand. Thank you so much! Monika & Dennis

**Danny White**—Thank you for creating our statistics reports, your insight and willingness to help pull it all together. Val & Dinah

To our **Amazing Volunteer Committee**—**THANK YOU** for everything you do. I couldn't do it without you. Lois

Thank you for helping me for the last 6 months. **Kym Guy** is a very special person. I had a great time with her riding to the train station. Maria W.

To our wonderful Call Managers—**Loretta Allen**, **Lori Bliss**, **Sandra Cherry**, **Dinah Frishling**, **Tony Gitt**, **Corky Grimm**, **Karen Hansen**, **Nancy Healey**, **Tom Middleton**, **Jenny Schipae**, **Penny Smith** - my sincere thanks to you as we go through our opening year together. Thank you for volunteering to do a job none of us have done before - you're courageous or love adventure! Valarie Fitch

Thanks to the **CVV Board of Directors** for everything (all of your efforts, ideas, talents, and dedication) that has gone into making Conejo Valley Village's first 7 months so successful and exciting: **Lois Barberio**, **Lori Bliss**, **Valarie Fitch**, **Tony Gitt**, **Vanessa Renna**, **Dinah Frishling**

Thanks to the **CVV Vendor Team** for your perseverance and great research in finding suitable professional vendor referrals for members: **Barbara Kellams**, **Toni Cameron**, **Danny White**, **Marty Schentes**, **Dinah Frishling**



# Help Support Meals on Wheels - Holiday Gift Basket Drive

## HELP US GIVE TO OUR NEIGHBORS IN NEED THIS HOLIDAY SEASON

Share the Love and help fill the gift baskets! Conejo Valley Village is happy to support Senior Concerns' participation in Ladin Subaru's Share the Love Campaign. Senior Concerns will hold a holiday gift basket drive at Ladin Subaru on **December 13** to collect essential personal and household goods for these baskets. Gift baskets will be delivered by Senior Concerns to local seniors participating in their Meals on Wheels program in December. A great way to help share the holiday spirit with neighbors in need!



**HERE'S HOW TO HELP** - If you would like to help CVV support this holiday drive with a donation, the following **new unwrapped** items are requested by Senior Concerns.

Socks for men or women	Canned fruit (in its own juice)	Toothbrushes and toothpaste
Hand lotion	Kitchen towels	Large-print books
Stuffed animals	Pen and stationery	Scarves

Donated items can be brought to our CVV Thanksgiving Dinner on November 15 (see pg. 1) or for more information or to arrange for donation drop off or pickup, call Vanessa Renna at **(805) 630-4761**. Last day for donation pickup is December 10th.



See Insert for Upcoming Events

# Join Us for a Great Holiday Concert - Village Voices

## *Holiday Magic Concert*

**SATURDAY, DECEMBER 2, 2:30 PM**

If you haven't heard the Village Voices Chorale, you are in for a treat! The Chorale is a nonprofit that sponsors scholarships to local college students majoring in music. CVV has reserved a block of 20 seats for the upcoming 50th season of the Village Voices Chorale performing at the Thousand Oaks Civic Arts Plaza. Tickets are \$25 each. To sign-up and get ticket payment information or to request a ride, call a Call Manager at **(805) 372-1826**.

VILLAGE VOICES CHORALE  
Presents  
*Holiday Magic*

**GLORIA HILLIARD, DIRECTOR**  
**CHRISTINE DEKLOTZ, ACCOMPANIST**

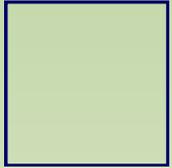




P. O. Box 3162  
Westlake Village, CA 91359

Phone: (805) 372-1826  
Email: [cvv@conejovalleyvillage.org](mailto:cvv@conejovalleyvillage.org)  
Website: [www.conejovalleyvillage.org](http://www.conejovalleyvillage.org)

The mission of Conejo Valley Village is to help seniors remain independent in their homes and stay active in our community.



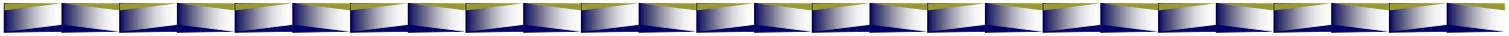
REMINDER: Daylight Savings Time is ending!

Turn your clocks back one hour on **Sunday, November 5**

### Neighbors Helping Neighbors Stay Independent, Active and Connected



Conejo Valley Village is a nonprofit tax-exempt organization under IRS Code Section 501(c)(3). Donations are tax-deductible.



VILLAGE CONNECTIONS

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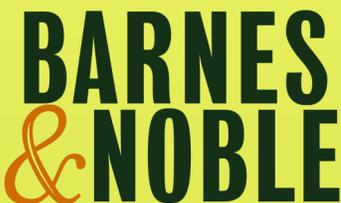
## Volunteer Spotlight

**Volunteers:** Please email your total Administrative volunteer hours estimated through the end of the month by the **25th** to [volunteerhours@conejovalleyvillage.org](mailto:volunteerhours@conejovalleyvillage.org). Thanks for all you do for CVV!

### BE A JOLLY CVV GIFT WRAPPER!



Get into the holiday spirit wrapping gifts at Barnes & Noble in Thousand Oaks, and help raise money for CVV! Wrapping paper, ribbons, bows, tape all provided - just bring your enthusiasm. Two people required per 2-hour shift. For details, see the online service requests or call a Call Manager at (805) 372-1826.



### Shift Schedule - Sign Up Today!

- Sunday, 11/26: 9 - 11 am or 11 am - 1 pm
- Wednesday, 11/29: 5 - 7 pm or 7 - 9 pm
- Saturday, 12/2: 9 - 11 am or 11 am - 1 pm
- Sunday, 12/3: 9 - 11 am or 11 am - 1 pm
- Tuesday, 12/5: 5 - 7 pm or 7 - 9 pm
- Wednesday, 12/6: 5 - 7 pm or 7 - 9 pm
- Thursday, 12/7: 5 - 7 pm or 7 - 9 pm
- Sunday, 12/10: 1 - 3 pm or 3 - 5 pm
- Wednesday, 12/13: 5 - 7 pm or 7 - 9 pm
- Saturday, 12/16: 9 - 11 am or 11 am - 1 pm
- Saturday, 12/23: 5 - 7 pm or 7 - 9 pm